

Age 8 to 14 ■ Classes are Free
Track Bike and Helmet Provided

Information: 800-431-5281

www.lavelodrome.com



Student Track Cycling

RIDE WHERE CHAMPION CYCLISTS RIDE

**Track Cycling at the ADT Event Center Velodrome
Located at the Home Depot Center
18400 Avalon Blvd.
Carson, CA 90746**

World champion cyclist, Connie Paraskevin, has developed student cycling programs that introduce kids to the exciting world of track riding and racing.



CLASS DESCRIPTION

Beginner

June 22 - July 13 or August 17 - Sept 7
Every Friday
4:00 - 6:00pm

- **Experience riding a competition track**
- **Develop bike handling skills**
- **Learn techniques for safe cycling**
- **And more**

BEGINNER

This class is for students new to track cycling. The emphasis is on having fun and learning the basic skills for getting on track. The desire to become a bike racer is not necessary - only the desire to experience riding on the track. Participants receive an award certificate upon completion. Should students wish to continue beyond Beginner, they will be placed in the appropriate level according to ability. We currently have Beginner, Level I, Level II and Advanced group programs at the velodrome.

STUDENTS ARE EXPECTED TO ATTEND ALL CLASSES IN A SESSION

Beginner
June 22 - July 13

Beginner
August 17 - Sept 7

Student Cycling Supported by LA84 Foundation



CONNIE CYCLING



CPT Team 800-431-281

SPACE IS LIMITED

REGISTER IN ADVANCE TO SAVE YOUR SPACE

Register by sending the Registration Form to the address below.

CP Team
Student Cycling
P.O. Box 681
Corona Del Mar, CA 92625

Name

Address

Phone

E-mail address

Gender

Birth date

Ethnicity

Waiver: This is a two-sided Registration Form. Parents must read and sign the waiver on the reverse side.

T-Shirt Size: Youth S M L
Adult S M L

VOLUNTARY WAIVER AND RELEASE AGREEMENT

This Voluntary Waiver and Release Agreement ("Agreement") is hereby executed by the undersigned, or if the undersigned is under the age of 18 years, then the undersigned's parent or legal guardian (together with any heir, successor, representative or assign, collectively as "Participant") in favor and for the sole and exclusive benefit of the Organizers (as defined herein). In connection with Participant's entry into or use of the Home Depot Center or involvement in a contest, promotional activity, athletic event, training, lesson or in any other event which may take place at the Home Depot Center or which involves the use by Participant of the Home Depot Center or any of its facilities, including without limitation the ADT Event Center (the "Event"), Participant hereby certifies, warrants, represents, agrees and covenants to the Anschutz Southern California Sports Complex, LLC, Anschutz Entertainment Group, Inc., California State University Dominguez Hills, California State University Dominguez Hills Foundation, Home Depot U.S.A., Inc., ADT Security Services, Inc., Felt Racing, LLC, Wavecrest Labs, CP TEAM, Inc., Amateur Athletic Foundation of Los Angeles, In-Training, Inc., USA Cycling, Inc., Union Cycliste International, and any of the respective Event sponsors or promoters (individually and collectively, together with their respective affiliates, officers, employees, partners, shareholders, members, sponsors, contractors, agents, successors and assigns, the "Organizers") that he/she is:

- (1) FREE OF ANY MENTAL OR PHYSICAL CONDITION, AILMENT OR INJURY (MEDICAL OR OTHERWISE) WHICH WOULD, IN AND OF ITSELF OR IN CONJUNCTION WITH ANY OTHER CIRCUMSTANCE, INCLUDING BUT NOT LIMITED TO THOSE ACTIVITIES ASSOCIATED WITH THE EVENT, (i) IMPAIR, PREVENT OR PROHIBIT PARTICIPANT FROM ENGAGING IN SUCH EVENT ACTIVITIES OR (ii) BE AFFECTED, AGGRAVATED OR WORSEN IN ANY WAY AS A RESULT, DIRECTLY OR INDIRECTLY, OF PARTICIPANT'S INVOLVEMENT IN SUCH EVENT;
- (2) OF SOUND MIND AND BODY AND NOT UNDER THE INFLUENCE OF ALCOHOL OR ANY ILLICIT OR PRESCRIPTION DRUG OR MEDICATION WHICH MAY IN ANY WAY IMPAIR PARTICIPANT'S ABILITY TO ENTER INTO THIS AGREEMENT, FULLY UNDERSTAND THE RESPECTIVE INTENT AND MEANING OF ALL OF THE TERMS AND PROVISIONS HEREOF AND TO PARTICIPATE IN THE EVENT;
- (3) ENTERING INTO THIS WAIVER AND RELEASE AGREEMENT VOLUNTARILY, BY PARTICIPANT'S OWN FREE WILL, ACT AND DEED, WITHOUT ANY UNDUE INFLUENCE FROM THE ORGANIZERS OR ANY OTHER THIRD PARTY.

PARTICIPANT AGREES THAT HE/SHE DERIVES A MATERIAL BENEFIT FROM THE EVENT AND/OR PARTICIPANT'S INVOLVEMENT THEREIN AND PARTICIPANT FURTHER AGREES TO USE ALL PERSONAL PROTECTIVE EQUIPMENT NECESSARY FOR HIS/HER PROTECTION. BY EXECUTION OF THIS AGREEMENT, PARTICIPANT EXPRESSLY AND UNCONDITIONALLY ASSUMES ALL RISKS AND DANGERS KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, AND RELATING OR INCIDENTAL TO PARTICIPANT'S INVOLVEMENT IN THE EVENT AND ANY ACTIVITY ASSOCIATED THEREWITH. PARTICIPANT HEREBY RELEASES, FOREVER DISCHARGES AND HOLDS HARMLESS THE ORGANIZERS FROM AND AGAINST ANY AND ALL CLAIMS, DAMAGES, LIABILITIES, COSTS AND EXPENSES ARISING OUT OF OR RELATING TO PARTICIPANT'S INVOLVEMENT IN THE EVENT AND ALL ACTIVITIES ASSOCIATED THEREWITH.

Participant further agrees that the Organizers shall have the right to record, broadcast and otherwise exploit in any and all media throughout the world Participant's activity/performance in the Event and to use Participant's name, likeness, voice and biographical information in connection therewith.

If any provision of this Agreement shall for any reason be held invalid or unenforceable, such invalidity or unenforceability shall not affect any other provision hereof and this Agreement shall be construed as if such invalid or unenforceable provision were omitted.

THE WAIVER AND RELEASE GRANTED BY PARTICIPANT HEREUNDER IS LEGALLY BINDING AND SHALL BE CONSIDERED IRREVOCABLE. PARTICIPANT AGREES THAT THE ORGANIZERS MAY RELY UPON THIS AGREEMENT TO THE FULLEST EXTENT PERMISSIBLE AT LAW OR IN EQUITY.

Participant hereby certifies that all information provided below is true, accurate and complete in all respects.

Signature: _____
Print Name: _____
Address: _____
Phone: _____

Date: _____, 2007
Participant's Date of Birth: _____

PARENT OR LEGAL GUARDIAN (IF APPLICABLE):
Signature: _____
Print Name: _____
Address: _____
Phone: _____

Date: _____, 2007